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GettInG Started Buttons power • Press and hold to turn unit on/off. • Press to turn backlight on/off. mode • Press to view Timer or Main Menu. • Press to exit a menu or page. • Press and hold to

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change sports. lap/reset • Press to create a new lap. • Press and hold to reset the timer.

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waterproof to IEC Standard 60529 IPX7.  
Page 58: Data Fields

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This Manual To get the most out of your  
Edge, review this manual and the Edge  
Quick Reference Guide. Getting  
Started—charge your Edge, position and  
use the heart

**Owner's Manual Edge 205/305 -  
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Mai 2006 Référence 190-00581-90  
Édition C Imprimé à Taiwan

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## **Forerunner 205/305 - Garmin**

The Forerunner 305 includes a high sensitivity GPS receiver, new courses feature and robust wireless heart rate monitor for optimal performance. Lock On to Satellite Signals Forerunner 305 sports a unique design that wraps the GPS antenna around part of the wrist for a better view of the sky, and its high

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sensitivity GPS receiver provides improved tracking under trees and near tall buildings.

## **Forerunner® 305 | Garmin**

Form meets function with Garmin's high-performance line of personal trainers — the Forerunner 305 and 205. The Forerunner 305 includes a high

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sensitivity GPS receiver, new courses feature and robust wireless heart rate monitor for optimal performance. Lock On to Satellite Signals

## **Forerunner® 305 | Garmin**

Garmin Forerunner 305 GPS Receiver With Heart Rate Monitor (Discontinued by Manufacturer) 4.4 out of 5 stars

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Playing Audio Prompts During Your  
Activity; Turning Off Bluetooth Wireless  
Technology; Garmin Connect. Using  
Garmin Connect on Your Computer;  
History. Viewing History; Personal  
Records. Viewing Your Personal Records;  
Clearing a Personal Record



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## **Garmin Forerunner 305 : Overview @ GPSCity.com**

Forerunner 405 Quick Start Manual 3. Wrap the strap around your chest and attach it to the other side of the heart rate monitor. noTe: The Garmin logo should be right-side up. 4. Press quit or enter to exit power save mode. 5. Bring the Forerunner within range (3 m) of the

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heart rate monitor. The heart rate icon appears on the training mode pages.

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