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45 Pounds More Or Less

45 Pounds (More or Less) is the funniest book I have ever read about an issue that American Teens are facing in this skinny minny world we live in. I have lived Ann's life. I was skinny all my life until I hit 18 years old

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and then I gained a little weight at college and then I gained weight when I had my children and it is a nightmare.

45 Pounds (More or Less) - Goodreads

The end was amazing and incredible. Overall, 45 Pounds (More or Less) is the kind of book I would recommend to anyone and everyone. It's one giant life lesson,

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without being in your face. It's not preachy or judgmental - It's life, plain and simple.

Amazon.com: 45 Pounds (More or Less) (9780142422656 ...

I'm so happy to recommend author KA Barson's debut novel 45 Pounds (More or Less). It's a funny contemporary novel about a root-for-her heroine and her

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dysfunctional family. In this case, the dysfunctionality centers (mostly) around food, since Ann is overweight and has a high-pressure, stick-thin mother.

45 Pounds (More or Less) by Kelly Barson, Paperback

...

So Ann makes up her mind: Time to lose 45 pounds (more or less). Welcome to the world

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of informercial diet plans, wedding dance lessons, endless run-ins with the cutest guy Ann's ever seen—and some surprises about her not-so-perfect mother.

45 Pounds (More or Less) - Walmart.com - Walmart.com

Parents need to know that K.A. Barson's first novel, *45 Pounds (More or Less)*, offers a painfully realistic view

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of a teen girl's struggles with weight and self-loathing. Ann digs deep into the reasons she finds solace in eating, including exploring her relationship to fast food and the depiction of body images in popular culture ; numerous food and clothing brands (real and fictional) are used in this context.

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**Less) Book Review -
Common Sense
Media**

45 Pounds (More or Less) by K.A. Barson was a real gem of a read that I'm so glad I picked up. It made me laugh, made me tear up and made me think about this struggle that we ladies, and men too, deal with about the way we look.

45 Pounds (More or Less) by K.A. Barson

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| **Book Review ...**

45 Pounds (more or less) by K.A. Barson
Published by Viking
Juvenile Publish Date:
July 11, 2013 272
Pages Source: ARC
Tour Find It: Goodreads
/ Amazon / B&N Here
are the numbers of Ann
Galardi's life: She is 16.
And a size 17. Her
perfect mother is a size
6. Her Aunt Jackie is
getting married in 10
weeks, and wants Ann
to be her bridesmaid.

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45 Pounds (more or less) by K.A. Barson Review

'45 Pounds (More or Less)' is a realistic and difficult portrayal of a teenager named Ann dealing with body image, humiliation (both real and in her head) and the simple pains of growing up. She's 16 years old and a size 17, and with her aunt's wedding looming over her

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shoulder and that
bridesmaid dress...

**Book Review: 45
Pounds (More or
Less) - The
Perspective**

What I like most about this book is Ann's reason for losing weight. She wants to be a healthier person, look better and be able to wear certain clothes- all for herself. She's not changing herself for anybody else, she's

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growing (or shrinking)
herself into a healthier,
happier person.

45 Pounds More or Less | Plot Holes be Gone

45-65 pounds.

American Eskimo Dogs.

6-10 pounds (toy),

10-20 pounds

(miniature), 25-35

pounds (standard).

females weigh slightly

less than males.

Komondorok. 100

pounds or more. Get

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The AKC Nibble newsletter! Essential info about dog health, training, sports and more. Опубликовано: 10 янв. 2014 г. Shelly reviews 45 Pounds (More ...

45 pounds more or less pdf file - BeBoua

About 45 Pounds (More or Less) Here are the numbers of Ann Galardi's life: She is 16. And a size 17. Her

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perfect mother is a size 6. Her Aunt Jackie is getting married in 2 months, and wants Ann to be a bridesmaid. So Ann makes up her mind: Time to lose 45 pounds (more or less).

45 Pounds (More or Less) by Kelly

Barson:

9780142422656 ...

Lee "45 Pounds (More or Less)" por Kelly Barson disponible en Rakuten Kobo. Here

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The end was amazing and incredible. Overall, 45 Pounds (More or Less) is the kind of book I would recommend to anyone and everyone. It's one giant life lesson,

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without being in your face. It's not preachy or judgmental - It's life, plain and simple.

Amazon.com: Customer reviews: 45 Pounds (More or Less)

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Galardi's life: She is 16. And a size 17. Her perfect mother is a size 6. Her Aunt Jackie is getting married in 2 months, and wants Ann to be a bridesmaid.

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45 Pounds (More or Less) by K.A. Barson.
3.81 avg. rating · 4452
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Galardi's life: She is 16. And a size 17. Her perfect mother is a size 6. Her Aunt Jackie is getting married in 10 weeks, and wants Ann to be her bridesmaid.

Books similar to 45 Pounds (More or Less) - Goodreads

45 Pounds (More or Less) is kind of the YA fiction version of The Biggest Loser. Except without all the screaming trainers and

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backstabbing co-contestants and ridiculous challenges.

45 Pounds (More or Less) | 60second Book Review

45 Pounds (more or less) Overview. Here are the numbers of Ann Galardi's life: She is 16. And a size 17. Her perfect mother is a size 6. Her Aunt Jackie is getting married in 2 months, and wants Ann to be a bridesmaid. So

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Ann makes up her mind: Time to lose 45 pounds (more or less).

45 Pounds (More or Less) | K.A. Barson, Author

Title: 45 Pounds (More or Less) by K.A. Barson
Publishing Info: July 11, 2013 by Penguin

Source: Received from the publisher for review purposes

Genres: Contemporary, Realistic Fiction, Young Adult Find it on the

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Completed: July 4,
2013 Here are the
numbers of Ann
Galardi's life: She is 16.
And a size 17. Her
perfect mother is a size
6.

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"You'll love this book
so much that you'll
wish you had a friend
like Ann." --Cynthia
Leitich Smith

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<http://www.cynthialeitchsmith.com/>>, New York Times bestselling author Poignant and savvy, 45 Pounds (More or Less) will tug at the heartstrings. Sixteen year old Ann Galardi's life revolves around food, so much so that she is now wearing size 17 and some of those clothes are starting to feel pretty snug.

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